

CPD registered one-day conference

Book before
2 June for the
early booker price

Bruised before birth

Alcohol and drug affected children in care: *strategies, support and ways forward*

14 July 2010 – Cardiff

Next conference on 16 November 2010 – Birmingham



SPEAKERS INCLUDE

Dr Raja Mukherjee, Consultant Psychiatrist, Surrey and Borders Partnership NHS Trust

Professor Peter Hepper, Head of School of Psychology, The Queens University of Belfast and Director of Fetal Behaviour Research Centre, Royal Maternity Hospital Belfast

Julie Gelo, BSMS/M, adoptive mother of 10 children diagnosed with FAS and related conditions. Executive Director for the Washington State affiliate to the National Organisation on Fetal Alcohol Syndrome (NOFAS Washington State) and co-founder of FASt Friends FASD Community Support Network U.S.

Kevin Williams, Chief Executive, The Adolescent and Children's Trust (TACT)

Julia Brown, Parent and Executive Officer, Foetal Alcohol Spectrum Disorders Trust (FASD Trust)

Brighter futures for children and young people

Background

The misuse of alcohol and drugs in pregnancy is increasing in British society. Britain has one of the highest rates of teenage pregnancy in Europe and young women are binge drinking in increasing numbers.

The use of alcohol and drugs in pregnancy is now known to affect the structure and function of the developing brain causing long term difficulties with the processing of information. It is estimated that at least 7000¹ children per year are born in Britain with Foetal Alcohol Syndrome (FAS). According to international statistics, one in 100 children are affected by Foetal Alcohol Spectrum Disorders (FASD), the umbrella term describing a number of birth defects that occur in a child whose mother drank alcohol in pregnancy. Many of these children will need long term substitute care.

The invisible disability

Foetally affected children are some of the most vulnerable in our society – if not recognised and supported, they face a traumatic path through childhood and beyond. They suffer from a disability which is often undiagnosed and frequently have secondary disabilities which make them vulnerable to life events.

Bruised Before Birth – Cardiff

Bruised Before Birth is a one-day conference to educate professionals, parents and carers about the complexities faced by a child with FAS/D. It explains ways to deal with their challenges to maximise potential in their day-to-day lives.

A multi-disciplinary array of speakers, including national and international experts and carers of affected children, have been assembled for the conference programme.

Date: Wednesday 14 July 2010

Time: 9.30am registration for 10am start – 4.00pm close

Venue: Cardiff University (University Hall, Conference Centre, Birchwood Road, Penylan, Cardiff, CF23 5YB)

Next *Bruised Before Birth* conference will come to **Birmingham on Tuesday 16 November 2010**. Contact TACT Event & Press Officer, Charlotte Lindsell on 0208 695 2315 / c.lindsell@tactcare.org.uk or see www.tactcare.org.uk

Who should attend?

The training seminar is designed for foster carers, adopters and those working within the field of drugs and alcohol; social workers and managers; youth workers; early years professionals; health and education professionals; children's guardians, barristers and lawyers involved in care proceedings; adoption, fostering and kinship panels; and anyone else working in children's services.

Keynote speaker – Julie Gelo, USA

Julie Gelo and her husband have adopted ten children with FAS and related conditions. Through their journey, they have learnt how to deal with the differing demands and complexities their children present to give them the best chances in life. Julie will describe her experiences and provide examples of the strategies and modifications they have learnt.

Aims & learning outcomes

Aim of the conference: To provide an overview of the long term consequences for alcohol and drug affected children in care and examples of strategies and support for their optimal development.

Learning outcomes:

- To increase understanding of the risks associated with taking drugs and alcohol in pregnancy, and the impacts on the brain.
- To learn about the likely prevalence of children and young people on the FASD spectrum in the care system and to provide practical examples of behaviour and challenges.
- To understand the long term consequences for the child, adolescent and family.
- To learn the complexities faced by alcohol and drug affected children in care and the need for holistic support.
- To hear experiences from adopters and foster carers of alcohol and drug affected children.
- To hear examples of day-to-day strategies and interventions to assist the long term development for the child.
- To be aware of the need for appropriate support packages for children and young people in care.

Delegates do not need specific knowledge of FAS/D prior to attending this conference.

Certificate of attendance and CPD accreditation

Certificates of attendance will be provided for CPD requirements. TACT is accredited through the Solicitors Regulation Authority for CPD points (CPD reference: DFZ/PAFC; grade: intermediate, CPD hours: 4.5)

Booking form -

Bruised Before Birth: 14 July, Cardiff

Please complete and return to:

FAO: Charlotte Lindsell, TACT Events & Press Officer, 303 Hither Green Lane, London, SE13 6TJ / c.lindsell@tactcare.org.uk or book online at www.tactcare.org.uk

Title _____

Surname _____

Forename _____

Position (to be printed on badge) _____

Organisation _____

Address _____

Postcode _____

Telephone _____

Email address (please provide for confirmation) _____

We would like to stay in touch with you in the future with information about TACT events and services. Please tick here if you do not wish us to do this.

Detail requirements (e.g. dietary, disability access) _____

1. The figure is based on a conservative estimate that 1% of the number of births (600,000 to 700,000 – figures from the Office of National Statistics) are foetally affected – the 1% is based on the internationally accepted prevalence rates.

Cost

Full price: £120

Early booker price: £95 if booked and paid before 2 June 2010

Concessions: £70 for voluntary organisations, charities and students.

Charities, please provide registration number:

Families/carers: £20

Total cost: £ _____

- Please tick this box if you qualify for discount for this booking (10% discount to groups of three or more from the same organisation; made at the same time of booking only).

Method of payment (tick the appropriate box)

- Cheque (send to our address opposite and make payable to The Adolescent and Children's Trust)
- Bank Transfers (a/c name: TACT, a/c no.: 51557975, sort code 60 19 19, ref.: your delegate surname)
- Invoice to address opposite
- Invoice to this address:

Address _____

Postcode _____

How did you hear about this conference?

(Tick the appropriate box)

- Email
- Flyer mail out
- TACT website
- Other website (please state)
-

- Word of mouth
- Other (please state)
-

Terms & Conditions of booking

1. All payments to be received by 25 June 2010.
2. No refunds on cancellations made (in writing) after 25 June 2010.

Contact details

For more information or to book a place, contact Charlotte Lindsell, TACT Events & Press Officer on **020 8695 2315 / 077 935 80418** or email **c.lindsell@tactcare.org.uk**

Alternatively, book online at **www.tactcare.org.uk**

TACT, The Courtyard, 303 Hither Green Lane, Hither Green, London SE13 6TJ



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